

Steps to Collecting the Newborn Screening* Blood Test

Using the New 12/2008 Form

- 1 Fill in **all** blanks on the Test Request Form (TRF) according to the instruction on the back. (Please print legibly using **all capital letters, with one character per box.**)
- 2 Check that all information on the TRF is complete, accurate and matches the newborn's ID band as well as the information that is stamped at the top of the form. Verify the name of the newborn and pediatric care provider with the parent.
- 3 Drop the blood on the attached filter paper specimen collection card.
- 4 After collecting the blood, tear out both the sender's copy and parent's copy which includes the privacy notification required by HIPAA. Be careful **NOT** to separate the original TRF from the filter paper.
- 5 Give the pink & blue copy to the parent. Instruct them to show the pink copy to the baby's doctor.
- 6 File the yellow sender's copy (formerly the golden rod copy), in the newborn's medical record.
- 7 Dry blood spots (lying flat) for at least three hours. Do not allow the TRF forms to overlap or touch one another until dry. Do not expose TRF forms to heat or moisture.
- 8 Send original TRF with the attached specimen collection card and completed transport log to the testing lab.

The TRF form includes sections for: ADDRESSOGRAPH HERE, PARENT INFORMATION, NEWBORN'S PERSONAL INFORMATION, RACE/ETHNICITY, PRIMARY LANGUAGE, SEX, BIRTH DATE, BIRTH WEIGHT, BIRTH LENGTH, BIRTH HEAD CIRCUMFERENCE, and MEDICAL RECORDS. It also has checkboxes for various conditions and a section for the collector's signature and date.

The card includes instructions for collecting adequate blood specimens, a diagram of a heel with a shaded area for collection, and a list of instructions for the collector. It also has a section for the collector's signature and date.

The parent's copy of the TRF form, which includes the parent's signature and contact information.

The blue copy of the TRF form, which includes the parent's signature and contact information.

The sender's copy of the TRF form, which includes the parent's signature and contact information.

**Since 1980 it's been our game
Newborn Screening is its name
Now we've added other tests too
So please don't call it "PKU!"*

